

ADAPT Group Calendar – August 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Adult CWMS Concurrent Disorders Youth Opioid PGBA</p>	<p>1</p> <p>DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm Continuing Care @ 6:30-7:30pm</p>	<p>2</p> <p>Coping Skills @ 12-1pm H&H Two @ 1:30-3pm Social Corner @ 4:30-6pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm Overspending @ 6-7pm</p>	<p>3</p> <p>Phase One @ 1:30-3pm H&H Two @ 2:30-4pm Phase One @ 6:30-8pm</p>	<p>4</p> <p>TTF @ 10:30-12pm</p>
<p>7</p> <p><i>Civic Holiday ADAPT Offices Closed</i></p>	<p>8</p> <p>DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm</p>	<p>9</p> <p>Coping Skills @ 12-1pm H&H Two @ 1:30-3pm Social Corner @ 4:30-6pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm Overspending @ 6-7pm</p>	<p>10</p> <p>Phase One @ 1:30-3pm H&H Two @ 2:30-4pm Phase One @ 6:30-8pm</p>	<p>11</p> <p>TTF @ 10:30-12pm</p>
<p>14</p> <p>Mindfulness Drop In @ 12pm H&H One @ 11-12:30pm</p>	<p>15</p> <p>DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm Continuing Care @ 6:30-7:30pm</p>	<p>16</p> <p>Coping Skills @ 12-1pm H&H Two @ 1:30-3pm Social Corner @ 4:30-6pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm Overspending @ 6-7pm</p>	<p>17</p> <p>Phase One @ 1:30-3pm H&H Two @ 2:30-4pm Phase One @ 6:30-8pm</p>	<p>18</p> <p>TTF @ 10:30-12pm</p>
<p>21</p> <p>Mindfulness Drop In @ 12pm H&H One @ 11-12:30pm</p>	<p>22</p> <p>DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm</p>	<p>23</p> <p>Coping Skills @ 12-1pm H&H Two @ 1:30-3pm Social Corner @ 4:30-6pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm Overspending @ 6-7pm</p>	<p>24</p> <p>Phase One @ 1:30-3pm H&H Two @ 2:30-4pm Phase One @ 6:30-8pm</p>	<p>25</p> <p>TTF @ 10:30-12pm</p>
<p>28</p> <p>Mindfulness Drop In @ 12pm H&H One @ 11-12:30pm</p>	<p>29</p> <p>DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm Continuing Care @ 6:30-7:30pm</p>	<p>30</p> <p>Coping Skills @ 12-1pm H&H Two @ 1:30-3pm Social Corner @ 4:30-6pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm Overspending @ 6-7pm</p>	<p>31</p> <p>Phase One @ 1:30-3pm H&H Two @ 2:30-4pm Phase One @ 6:30-8pm</p>	

