

# OVERDOSE AWARENESS EVENT

May 19th, 2016  
6:00-9:30 pm

Queen  
Elizabeth Park  
Community &  
Cultural  
Centre

2302 Bridge Road,  
Oakville

Please note-  
Seating is limited  
so register early.



## Preventing Overdose Waterloo Wellington

Will be providing an overdose prevention workshop on:

- The relationship between mind-altering substances and the Central Nervous System
- Contributing factors that can increase the risk of an overdose
- Practical and evidence-based harm reduction techniques
- Common myths about accidental overdoses
- How to identify the signs and symptoms of an overdose
- Overdose responses that will keep both the witness and victim safe and alive

**This FREE event is open to the community.**

Please register at Eventbrite- <https://www.eventbrite.ca/e/poww-overdose-prevention-community-training-tickets-24020086726>

For more info please email [mhlhin.education@shhalton.org](mailto:mhlhin.education@shhalton.org)



This event is presented in collaboration with the Halton Equitable Drug Strategy (HEDS) and the Education Implementation Working Group (EIWG). EIWG is a sub-committee of the System Integration Group for Mental Health and Addiction of the Mississauga Halton LHIN, with representation from multiple Health Service Providers within the LHIN region.