

# ANNUAL REPORT 2018-2019



## BOARD CHAIR AND CHIEF EXECUTIVE OFFICER'S REPORT

Last year was a very successful year as ADAPT continued to grow and experience success as an addiction service provider in an often uncertain funding environment. The addiction sector was fortunate to again be targeted for investment by the Ontario government and ADAPT was able to expand services and fill gaps in important service areas. These needed service expansions contributed in a significant way to the organization's ongoing healthy evolution. Some of the more noteworthy highlights of the past year are outlined below:

- New funding from the MH LHIN directed at addiction service provision for short term emergency mental health housing.
- New funding from the HNHB LHIN for an addiction support position at Joseph Brant Hospital in Burlington.
- A new Integrated Addictions Medicine Clinic (IAMC) has been created in a partnership between ADAPT and Halton Health Care Services
- A new 3 year strategic plan, highlighting ADAPT's commitment to reducing wait times and ensuring accessible and equitable service delivery at all service sites.

One of our most significant achievements last year involved changing how we provide services at ADAPT and we are especially pleased with the outcome of the effort that was invested in the development of a new service delivery model. The goal of the service model redesign is: "To provide increasingly accessible, equitable, high quality health services, through optimal system design and resource management". The new service delivery model will allow improved client access to our services. Both group and individual ADAPT services will be available from 8:30 a.m. to 8:30 p.m.

Historically ADAPT has placed a high value on partnerships and service integration and last year saw a continuation of this approach to service delivery. The synergies that result from this process are highly valued as a mechanism that improves both system functioning and service quality. We are very fortunate to have so many highly valued service partners in this community and will continue to expand and enhance these relationships and this approach to service delivery in the upcoming year.

As another year passes and we reflect back on our history, we can be energized by the many accomplishments ADAPT has made over the past 43 years. From a macro perspective, we continue to be recognized as a leader in the area of addictions services. We have set standards for service delivery that are of the highest quality, and grounded in best practices. In terms of our human resources, we are extremely fortunate to possess so many dedicated and devoted volunteers and employees who are the driving force behind our ability to achieve and excel in so many of our operational areas. We look forward to continued success in the upcoming year.

*Marilyn MacLennan*

Marilyn MacLennan  
Chair

*Ian Stewart*

Ian Stewart  
Chief Executive Officer

**2018 - 2019**  
Board of Directors  
**MARILYN MACLENNAN**  
BOARD CHAIR

**STEPHEN COLLINSON**  
VICE-CHAIR

**RICK DAWSON**  
SECRETARY-TREASURER

**ELLEN WILLIAMS**  
DIRECTOR

**ANN BARRETT**  
DIRECTOR

**BETTY-LOU KRISTY**  
DIRECTOR

**DEBORAH MOOR**  
DIRECTOR

## WHO WE ARE...

### 20 years +

Glen Ricketts  
Jennifer Speers  
Ian Stewart

### 15-19 years

Samantha Clark  
Ed Matin

### 10-14 years

Diane Baxter  
Candace Blundell  
Nancy Cook  
Terry Corbin  
Brent Gmora

### 5-9 years

Shannon Bovie  
Priya Chauhan  
Karima Habibali  
Sandra Huskinson  
Kathleen Kelly  
Brenda Paco  
Kate Rizzuto  
Heather Ruttan  
Heather Simai  
Ashley Steeves  
Joe Testardi  
Sara Thrower  
Rob Ticchiarelli

### Less than 5 years

Richard Amoateng  
Justyna Bialas  
Michael Capinpin

Alicia Carter  
Sarah Caspick  
Heather Cater  
Denise Copping  
Maegan Crump  
Meaghan Cummins  
Josephine Dalla Via  
Kinzanoor Danish  
Marco D'Auria  
Ashley Davidson  
Arturo Diaz  
Krystyn Firka  
Victoria Frisina  
Nadia George  
Charnel Grey  
Maureen Heywood  
Megan Hodnett  
Naome Howe  
Lindsay Jonz  
Marina Kennedy  
Tanya LaJambe

Michelle Lazier  
Sayeeda Manes  
Crystal Marentette  
Philippa McCaffrey  
Sean McQuarrie  
Katlyn Morrison  
Kelly Nancekivell  
Amisha Patel-Benipal  
Anna Pita  
Pamela Raddatz  
Marcie Richardson  
Jennifer Robinson  
Andrew Sangster  
Nicole Scheeff  
Alexis Scott  
Anyia Skira  
Scott Swiniarski  
Laura Toomer  
Emma Vanderkruk  
Danielle Whitefield  
Joshua Zurba

## DIRECTOR OF OPERATIONS REPORT

In recent months, the Ontario Ministry of Health announced sweeping changes to how health care would be managed in the province.

At the center of the new vision lies a commitment to patient centered care, build on the foundations of innovation and integration, in which all health care providers act as one coordinated team.

These principles of health care are perfectly aligned with the mission, vision and values that have long been at the heart of all ADAPT's operations. The agency has consistently strived to not only ensure that we are providing accessible and effective programs and services to those in our direct care, but also that these services are integrated into a continuum of health services, attending to the clients' broader needs and continuous journey.

In 2018/2019, ADAPT further advanced this philosophy of care through expanding partnerships, which integrate community addictions services with primary care providers, and that enhance the provision of holistic and coordinated plans of care.

**"I know that together, we will finally build a coordinated health care system here in Ontario, centred around patients".**

*Christine Elliott: Ontario Minister of Health*

Through service coordination with our local hospitals, the agency developed and enhanced our partnerships with the Integrated Addictions Medicine Clinic at Halton Healthcare, as well as with Joseph Brant Hospitals PHAST Program. In doing so, patients who have utilized emergency room services for addictions related crisis now have direct access to community addiction supports,

without waitlists, service gaps or bottlenecks.

ADAPT's lead role in the coordination for our local opioid outreach and treatment services have resulted in enhanced partnerships with a wide range of Ontario Addictions Treatment Centers, methadone clinics, pain clinics and Rapid Access Addictions Medicine. These enhancements have resulted in on site addictions support provided to the clinics, by ADAPT, allowing clinic patients immediate access to a broad spectrum of services and supports.

In addition, ADAPT has worked cooperatively with the Region of Halton, to become a lead in the distribution of Naloxone kits, a critical element in the efforts to address the needs of opiate users and their families.

Throughout the 2018/2019 fiscal period, the agency also continuously advanced our efforts to restructure our services, in a manner that helps to ensure that we are able to meet the needs and capacities of the communities we serve. We have made strategic investments in providing each of our staff with professional development initiatives, enhancing their ability to provide a full spectrum of addictions and concurrent disorder services, including system navigation, case management and integrated service planning.

I would like to acknowledge all of those who are working together to meet the vision of the Ontario Ministry of Health, in the development and delivery of quality, integrated, patient centered care.

Respectfully,

*Glen Ricketts*

Glen Ricketts,  
ADAPT Director of Operations

## 2018-19 CLIENT SATISFACTION SURVEY RESULTS

Felt respected and valued by their counsellor

85%

Felt they had enough say in their treatment

74%

Felt their counsellor was knowledgeable and understanding

84%

Felt their goals were being supported

70%

## COMMENTS FROM 2018-2019 SATISFACTION SURVEY:

*Health and Hope is a great program. I have been in AA for 5+ years and Health and Hope is a great place for me to discuss my mood disorder in a group setting without judgement. I always leave group feeling better than when I went in.*

*Although I sometimes find it hard to get motivated to come based on current mood, I always leave feeling in a much better place. I just want to say thank you for this because I know I can't be the only one who feels this way. Slipping into a depression can be scary and had to pull out of once started!*

*I'm very satisfied to be involved with ADAPT. It has helped me to understand and help my son's problems with cannabis. It helps to make plans about behavior at home and school. It educated me about substances and interaction with them.*

*ADAPT probably saved my life. When I hear about others struggling my first recommendation is to call ADAPT and get a counselor. Sincere thanks to my counselor for playing a major role in saving my life and being a factor in my daughter being able to see her father.*

## COMMUNITY JUSTICE PROGRAM

Through partnerships with the Halton Regional Police, the Ministry of Children and Youth Services and the Ministry of Community Safety and Correctional Services, the ADAPT Community Justice (CJ) Program continues to provide cost-efficient and meaningful alternative justice programming. We continue to partner with the Elizabeth Fry Society, to be the primary treatment provider for the Halton Drug Treatment Court. We recognize certain individuals commit crimes because they are addicted to illicit drugs and/or alcohol. By providing treatment for the addiction, we can help stop the ongoing cycle of harm, reduce recidivism of criminal behaviors, and support clients in leading more productive and fulfilling lives.

In addition, the CJ program provides a broad spectrum of client-centered assessment and counselling programs to young people referred through Halton Youth Justice Services, and adults referred through Probation and Parole Services.

In 2018/19 our Probation and Parole Program further enhanced accessibility to addictions services, through offering increased programming and service hours, directly at the Halton Probation and Parole office. As well as enhanced accessibility, this approach has also resulted in improved attendance, and the strengthening of our long standing partnership with Probation and Parole Services. The Probation and Parole program also integrated more fully into the Adult Team at ADAPT, providing more available services on an ongoing basis to their clientele.

Our Extra Judicial Measures (EJM) and Extra Judicial Sanctions (EJS) programs provided services throughout the Halton region to over 80 youth, through pre and post-charge diversion opportunities. Through these supports, young people are provided the opportunity to make amends for their criminal behaviors, while increasing their knowledge of the risks of substance use and developing enhanced decision making and life skills. The program also piloted a new 5-week group, called #SomethingToKnow. The group was developed to support at-risk youth in Burlington in making healthy and informed choices about substance use, through accurate and up to date information, and open dialogue.

Each member of the CJ team also sat on community committees, in support and advocacy of the population they serve. These include the Halton Regional Police Command Committee, Halton Human Services and Justice Coordinating Committee (Halton HSJCC) and the FASD Resource Team. Presentations and open houses are also delivered to increase the community's and service providers awareness of programs and services offered through ADAPT. We would like to acknowledge the contributions of each member of the ADAPT Community Justice Services Team, for their dedication in delivering these programs to those we serve.

## COMMUNITY ADDICTIONS LIAISON TO THE EMERGENCY DEPARTMENT (CALED)

The CALED program continues to provide prompt and intensive services to patients with substance abuse concerns, who access the emergency department at Oakville Trafalgar Memorial Hospital and Trillium Hospital, Mississauga.

Staff continue to adhere to response protocols that ensure a face-to-face meeting occurs with the patient, within 2 hours of the referral being facilitated. Staff work intensively with clients for 21 days to ensure they develop a plan to keep them safe in the community and to connect them with any additional resources they may need. The clients have expressed, time and time again, that the quick turnaround time for support and the hours of operation (evenings and weekends) are truly effective and valued.

We would like to express our sincere gratitude to the funders and donors who support our services.





For the 2018-2019 fiscal the CALED program provided service to 171 clients and met with these clients for a total of 761 visits.

We look forward to another great year!

## ADULT PROGRAM

The ADAPT Adult Addictions Program had a year of transition, bringing aboard several new staff with a variety of strengths and fresh ideas.

New screening protocols were developed and implemented in all locations, resulting in reduced wait times, immediate access to core service groups and improved system navigation for all Adult Program clients.

The Phase One Group was overhauled and improved, through the development of a detailed facilitator guides, updated resources and expanded access. As a result, this important core service was successful in meeting the challenges of increased demands and in providing improved access, across all ADAPT locations.

The team continued to utilize the GAIN Q3, for the purpose of tailoring unique treatment plans for each client served. Over the course of the 18/19 fiscal year the 6 counsellor team supported these clients through providing 5216 visits to 1212 individuals. It also provided 710 group sessions to a total of 2997 participants.

We would like to acknowledge the contributions of each member of the Adult Team, including our dedicated and reliable volunteers, for their continuing commitments to accessible, equitable and effective programs and services.



FASD Awareness Day



Pink it Forward Day

## CONCURRENT DISORDERS SERVICES

The Concurrent Disorders Program is proud to provide treatment and support to the concurrent disorders population at ADAPT. We continue to support clients through one to one counselling, psychoeducation and long-term support groups. We also continue to provide specialized programs for our clients with more complex needs, requiring wrap around services through partnerships with community programs and agencies.

The CD program continues to support clients through our Health and Hope groups offered in Burlington, Oakville and North Halton. The group provides education and support that enhances the clients understanding of, and to manager, the complexities of dealing with both addictions issues and mental health disorders. Upon completion clients can receive longer term support through Health and Hope 2. Clients are grateful that longer term support is available as recovery from concurrent disorders takes much longer and thus support on a long-term basis is crucial. We have also continued to offer a 14 week DBT skills group in Burlington. Feedback has continued to be extremely positive from clients as they feel they benefit greatly from the skills they are learning and implementing to become more effective in their lives.

The CD program also continues to support a large number of family members of clients on an individual basis and through our Concurrent Disorders Family and Friends Workshop.

The Concurrent Disorders Program provides specialized programs such as **Halton Seniors Mental Health Outreach Program**, **First Episode Psychosis Program (Phoenix Program)** and the **Halton Homes Program**. These programs consist of numerous community partners throughout Halton with whom we facilitate groups, network, organize consultations, and develop integrated plans of care. Partnerships are an integral part of the Concurrent Disorder Program and ensure that wrap-around supports are in place that provide the best outcomes.

The PHAST program at Joseph Brant Hospital is an excellent example of exemplary care being provided to clients through strong

partnerships. The program continues to receive positive feedback and recognition for their integrated and innovative approach to improve access in the mental health and addiction services.

We look forward to another year of continuing to support concurrent disorders clients and strengthening and expanding our programs, services and partnerships.

## OPIOID OUTREACH & TREATMENT SERVICES

Since the creation of the Opioid Program in 2013, the goal has been to help as many in the Halton community with opioid use disorder, and their loved ones, as possible. We have learned that, in order to stem the opioid epidemic and the far-to-many lives lost as a result of opioid use, we must work collectively to build partnerships, both within ADAPT and with our community cohorts, to address the complex bio-psycho-social needs of this target population.

Some highlights to share:

- Our team reported approximately 2,500 client interactions to over 300 individuals served
- We have established valuable informal partnerships with five separate clinics and 6 doctors. This includes three Opioid Agonist Therapy (OAT) clinics, one RAAM clinic (that is also supported by the CWMS team), and the Halton Healthcare Integrated Addiction Medical Clinic (IAMC) that supports many of our non-opioid clients as well. As many of our clients are poly-drug users, it is critical that we work closely with our internal and external partners to address both medical and non-medical needs.
- The Opioid Action Table, led by the ADAPT Opioid Program with the LHIN, has met regularly in the past fiscal year to establish and grow opioid use services and most importantly to coordinate services among ADAPT, PAARC, HHC, THP, the Salvation Army, Hope Place Centres, Punjabi Community Health Services, and CMHA Halton Regional branch.
- The Opioid team led the Enhanced Accessibility Pilot at ADAPT, to reduce wait times and ensure access to one of our clinical case managers, within 24-48 hours. This activity has enabled us to increase engagements with opioid clients and to substantially reduce the risk that they will fall through the cracks at the time of the transfer.
- In terms of our group work, we are now offering the 6-week opioid-specific Family & Friends group continuously as opposed to 3 specific times in the year. And what used to be a bi-weekly Family & Friends Opioid Maintenance Group is now opened up to the entire agency on a weekly basis for family members and significant others for those suffering from any addiction issues.
- We have officially launched a Naloxone Distribution Agreement between ADAPT, led by the Opioid Program, and the Regional Municipality of Halton. By doing so, we are able to increase our capacity to lower the risk of opioid overdose in our community. We

train staff who can then distribute naloxone kits to clients at risk as well as loved ones. Our harm reduction philosophy is illustrated in how we counsel, educate and support clients in a non-judgmental fashion in the service of reducing risk and maintaining a close connection with our clients.



## ADDICTION SUPPORTIVE HOUSING (ASH)

The ADAPT ASH Program is committed to supporting those in recovery in their journey to healthy and sustainable independent living. Of those individuals that the program supported in 2018/2019, five have successfully met this goal, and four others are soon to follow. Two have also transferred to permanent social housing.

Our clinical team continues to support clients in addictions recovery and relapse prevention. Ten of our clients have achieved 1 year of sobriety and many others are approaching this milestone.

In addition to housing and addictions support, the program assists clients in re-establishing health and success in a wide variety of life areas. One primary focus is assisting with educational or employment endeavors, that create ongoing purpose and stability. Three ASH clients have graduated from Mohawk College and Sheridan College in the business and social work programs, whilst two others are in the process of completing their G.E.D.

Other important life skills include budgeting, nutritional health and parenting skills. Our "Healing through the Early Stages" group remains a core service. The group is popular with our clients, as it allows them to engage with others, share their strengths and struggles, and enhance a wide variety of life skills.

Another group "Healthy Kitchen" not only teaches clients about kitchen safety, budgeting and nutrition, but also builds social networks through sharing meal preparations and dining together. The program also supports clients in building parenting skills, sometimes resulting in children being returned to their care. The ASH team continues to develop and deliver new group offerings, with 4 groups now running weekly.

As our existing clients gain life skills and graduate onto independent living, the program continues to screen new applicants who are homeless or marginally housed. Those who are awaiting housing are supported through the development of an individual plan of care, with access to a full spectrum of assessment and treatment services.



We would like to acknowledge our ASH partners, Summit Housing and Support and Housing Halton, for their continued assistance with seeking housing units and liaising with property managers, in the support of those we serve.

## PROBLEM GAMBLING AND BEHAVIOURAL ADDICTIONS

ADAPT's Problem Gambling and Behavioural Addictions team facilitated 2014 service interactions with clients this year. 1710 individuals sought support for Problematic Gambling and Behavioural concerns while 304 individuals accessed our Friends and Family programming.

The 5-day Intensive Problem Gambling Day Treatment program facilitated 14 cycles throughout Southern Ontario and serviced 93 clients this year. We welcomed two NEW volunteers who previously completed the program and maintained abstinence from their gambling. We now have 7 regular volunteers who dedicate their time and experiences in order to help motivate others to succeed. A sincere thank you to each and every one of you!

Our 8-week Early Recovery Psychoeducational program continues to welcome individuals who are starting to make changes to their Gambling. During this program facilitators witnessed several participants abstain from gambling and then wonder what was next; therefore we created and facilitated our first Process Group. This group allows individuals practicing abstinence to come into a non-judgemental environment and share their experiences, set-backs, successes, and coping strategies on a deeper level to continue to strengthen their recovery through connection with others.

The request for support around Overspending significantly increased this year; therefore an Overspending group was developed by our team and launched. 3 cycles were completed this year and 20 clients participated. We have also continued to strengthen our partnership with the CAMH Sexual Behaviours Clinic to better service those struggling with a Hypersexuality concern. Our Addictions 101 program continues to run regularly in Vanier and Maplehurst correctional facilities to provide education on mental health, substance use, and gambling concerns for those who are currently incarcerated.

In 2018 Program Manager Ashley Davidson published an article in conjunction with Homewood Health and William Osler Health Services titled Parenting in a Wireless World. This was following the recognition in June 2018 from the World Health Organization (WHO) highlighting that Problematic Gaming is a growing mental health concern in Canada. PGBA has experienced an increase in service demand for Technology Overuse and Problematic Gaming for those who are struggling as well as their families.

Our society is ever-changing as technology continues to advance. We rely on our devices, machines, and purchases from stores for connection, stimulation, and escape from our daily lives. It has been important for our team to focus on Community Awareness, Prevention, and Education for Problem Gambling and Behavioural Addictions in the

Halton Region. Our team has worked hard to create Technology Overuse, Problematic Gambling and Gaming, Overspending, and Financial Wellness presentations which discuss prevention strategies, support opportunities, and resources for individuals struggling with a mild-severe concern. PGBA facilitates regular presentations at YMCA, Halton Men's Recovery Centre, and the Joseph Brant Community Speaker Series which allows us to connect with the community at large to discuss next steps when we find ourselves over-using our devices and/or finances. PGBA will continue to ADAPT and expand; we are looking forward to supporting our community and those in need!

## COMMUNITY WITHDRAWAL MANAGEMENT SERVICES (CWMS) PROGRAM

For the first 9 years, the ADAPT CWMS program has been providing superior service to client's requiring withdrawal management support from at least one mind or mood altering substance for the past nine years. The program operates on a 24-72 hour response time upon receipt of a referral and has never had to resort to a waitlist thanks to our dedicated team of nurses and counsellors.

For the 2018-2019 fiscal year the CWMS program provided service to 412 clients and met with these clients for a total of 4696 visits. Once again the CWMS team has exceeded the annual targets set by the LHIN. It is clear that CWMS is a much needed and accessed support in our community.

In the coming year we are looking forward to expanding our Nicotine Replacement Therapy group to Burlington, having the NRT group model as the standard service delivery for clients who are accessing NRT products, launching a day program which will rotate amongst our three main sites at ADAPT, starting up an Oakville drop-in group, supporting a variety of initiatives in our community such as; Integrated Addiction Medicine Clinic and the Rapid Access Addiction Medicine Clinic, and expanding our hours of operation in support of Mission 2019.

*"I have been attending for a number of years and have seen a dramatic improvement in my condition and quality of life. Every facilitator has been knowledgeable and supportive. I can say that of all treatments, this group has been the single most important piece of my recovery. Being in a group of people at differing levels of recovery has also been an important piece of my treatment. I have been helped by others in the group and hope I have also been of help."*

## YOUTH PROGRAM 30 YEARS OF YOUTH PROGRAMMING AT ADAPT

Last year ended with the quote "the only time you should ever look back is to see how far you've come". With that in mind, we would like to acknowledge that the ADAPT Youth Program is celebrating 30 years since its first inception. The values of the youth program have held strong over those years, always putting young people in the forefront to provide services that are accessible, flexible, non-judgmental, client-centred and always respectful of their voice. Our longest standing youth program, Days Ahead, has continuously adapted to meet the needs of the clients and community.

As well, the needs of caregivers has held a welcomed spot in the delivery of youth services. Looking back, the original Parent Education Program ran twice per year; it is now a monthly operation and covers 3 main geographic areas in Halton. The Days Ahead staff continuously develop programming that responds to the changing needs of parents and caregivers. Over the past 5 years, the Parent Education Group has provided a total of 240 five-session programs, with an average attendance of 10 clients per group series.

*"The parent program helped me to understand that I am not alone. The presenter was great and very informative"*

Over time, the ADAPT Youth Services have added new programs for specialized populations, whilst improving access through an outreach model of service delivery. For the past 8 years, our Transitional Aged Youth Outreach Program has provided intense outreach to a population of young people and their caregivers. This program offers a unique blend of clinical and peer supports, welcomed by the participants. Oftentimes, it is these young people who are destined to give back and ADAPT is excited to be involved with 4 TAY youth program alumni, ROCK, and Support and Housing Halton, in a project designed to develop an e-learning tool, to assist other young people with access to services. The young people involved will be the leaders and contributors to the initiative, along with the support of adult allies. We are proud of these young people for their involvement and commitment to a project of this nature.

*"I don't think I would be where I am now if it wasn't for all your help and pushing me to succeed. I can't wait to start this healthy, happy chapter in my life and it wouldn't have been possible without your help"*

Know the DEAL has continued to be very active in the secondary schools in Halton. This work began in 2000 when an ambitious staff began to offer services directly in the school system. From inception to its present state, Know the DEAL has been a vital part of earlier intervention services. The knowledge exchange experience between staff and young people is formidable and it has proven time and again of its value in being a change agent. These services would not be possible without the generous support of our local United Way(s).

More recently, we have developed a program suited to the needs of young people in the day treatment systems, both within and outside of hospital settings. The coming year will bring with it additional creative and collaborative ways to develop and deliver this incredibly valued program.

*"It has been a great learning experience for our young people to be counseled by you and I am hopeful they will make wiser decisions going forward. Thank you very much. Your help was invaluable."*

In our newest initiatives, the ADAPT Youth Program has focused on building integrated partnerships that support the diverse needs of youth and their families. The Halton Hills Youth Network Group will provide additional clinical and peer support to the Halton Hills Youth Drop-In. This is both a funding partnership with ROCK, through Halton Community Investment dollars, as well as the result of the collaboration of providers in Halton Hills. It is truly an example of what can be done when you bring people from a variety of disciplines together for the common good. In addition, a new partnership with Joseph Brant Hospital will provide more youth addiction capacity and enhance the integration of community addictions services with primary care.

Looking back over the past 30 years, Youth Services at ADAPT have evolved and been ever changing. We have faced challenges with optimism and vitality and have always strived for continued growth and development. We have experimented with new program delivery models and have been attentive to the ever changing needs of young people and their caregivers. These accomplishments would not have occurred without the commitment to and creativity of our youth program staff. The provision of services that are accessible and welcoming to young people and their caregivers has always been at the forefront. We welcome, with open arms, the new opportunities and developments that will be before us in the coming year.

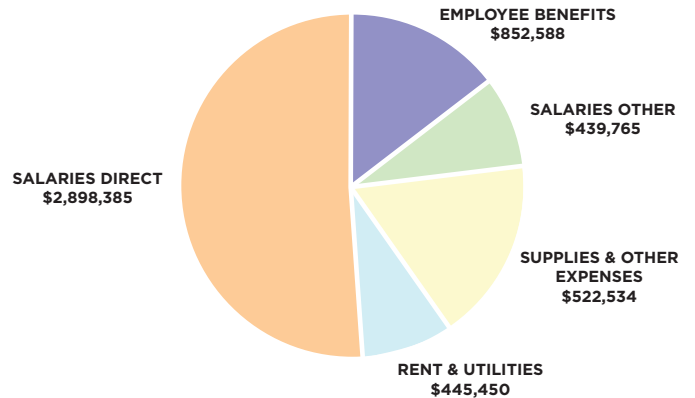
## BACK ON TRACK

ADAPT's Back on Track Team (Remedial Measures Program for Impaired Drivers) provided another year of quality services to Halton and the surrounding area. The program was created in 1998 to help people learn to separate drinking and other drug use from driving. This important work is impacting community safety, through a reduction in recidivism amongst impaired drivers. Acknowledgements to our Back on Track Team who, in 2018/2019, collectively provided 298 assessments, 372 follow-ups, 23 Education groups to 508 participants and 13 Treatment Groups to 173 participants.

## REVENUE FOR 2018 – 2019

Ministry of Health	\$ 4,429,085
Ministry of Children, Community & Social Services	178,261
Ministry of Community Safety & Correctional Services	86,153
United Way	77,027
Other Program Funding	636,080
Donations and Other Income	36,395
<b>Total Revenue</b>	<b>5,443,001</b>

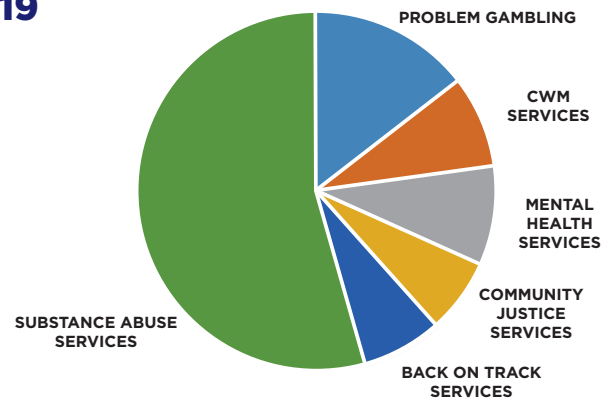
## SUMMARY OF EXPENSES 2018-2019 TOTAL EXPENSES \$5,158,722



## SERVICES BY THE NUMBERS: 2018 – 2019

	# of Programs	Clients Served	Client Visits
Substance Abuse	13	2,523	18,011
Problem Gambling	4	718	3,247
Community Withdrawal	1	465	4,696
Concurrent Disorder	6	503	2,743
Community Justice	4	250	822
Back On Track	1	298	1,524
<b>TOTAL</b>	<b>29</b>	<b>4,757</b>	<b>31,043</b>

## ADAPT CLIENT TYPE



### HEAD OFFICE:

165 Cross Ave., Suite 203, Oakville, ON, L6J 0A9  
905-847-6547  
www.haltonadapt.org

### INTAKE AND INFORMATION:

Acton: 519-853-8222 Burlington: 905-639-6537 Oakville: 905-847-6547  
Milton: 905-693-4250 Georgetown: 905-873-2993