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| October | 2020 |

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
| **ADULT****CD****CWMS****OPIOID****PGBA****YOUTH** |  |  |  | Phase 1 @1:30-3pmPhase 1 @6:30-8pmH&H2 Oakville 2:30 – 4H&H2 B/G 1:00 – 2:30CD Family 6:30 – 8:00 | Phase 3 @1-2:30pmTTF 10:30-12 |  |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|  | Mindfulness Drop-In @ noonHealth and Hope 1 1:00 – 2:30PGBA Drop In 3-4PM | CD Family 2:00 – 3:30DBT Skills 1:00 – 2:15Opioid Fam 12-130pmPEG 6pm-8pmPGBA Early Recovery 6-730pm | Phase 1 @6:30-8pmPhase 2 @10:30-noonCWMS Drop-in 11-12pmHarm Reduction Drop-in @ 1:30-3pm | Phase 1 @1:30-3pmPhase 1 @6:30-8pmH&H2 Oakville 2:30 – 4H&H2 B/G 1:00 – 2:30CD Family 6:30 – 8:00 | TTF 10:30-12 |  |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|  | **Thanksgiving** | Phase 3 @ 6:30-8pmCD Family 2:00 – 3:30DBT Skills 1:00 – 2:15Opioid Fam 12-130pmPEG 6pm-8pmPGBA Early Recovery 6-730pm | Phase 1 @6:30-8pmPhase 2 @ 6:30-8pmCWMS Drop-in 11-12pmHarm Reduction Drop-in @ 1:30-3pm | Phase 1 @1:30-3pmPhase 1 @6:30-8pmH&H2 Oakville 2:30 – 4H&H2 B/G 1:00 – 2:30CD Family 6:30 – 8:00 | Phase 3 @1-2:30pmTTF 10:30-12 |  |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
|  | Mindfulness Drop-In @ noonHealth and Hope 1 1:00 – 2:30PGBA Drop In 3-4PM | CD Family 2:00 – 3:30DBT Skills 1:00 – 2:15Opioid Fam 6:30-8PEG 6pm-8pmPGBA Early Recovery 6-730pm | Phase 1 @6:30-8pmPhase 2 @10:30-noonCWMS Drop-in 11-12pmHarm Reduction Drop-in @ 1:30-3pm | Phase 1 @1:30-3pmPhase 1 @6:30-8pmH&H2 Oakville 2:30 – 4H&H2 B/G 1:00 – 2:30CD Family 6:30 – 8:00PGBA F&F 6-7:30 | TTF 10:30-12 |  |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|  | Mindfulness Drop-In @ noonHealth and Hope 1 1:00 – 2:30PGBA Drop In 3-4PM | Phase 3 @ 6:30-8pmCD Family 2:00 – 3:30DBT Skills 1:00 – 2:15Opioid Fam 6:30-8PEG 6pm-8pmPGBA Early Recovery 6-730pm | Phase 1 @6:30-8pmPhase 2 @ 6:30-8pmCWMS Drop-in 11-12pmHarm Reduction Drop-in @ 1:30-3pm | Phase 1 @1:30-3pmPhase 1 @6:30-8pmH&H2 Oakville 2:30 – 4H&H2 B/G 1:00 – 2:30CD Family 6:30 – 8:00PGBA F&F 6-7:30 | Phase 3 @1-2:30pmTTF 10:30-12 |  |