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| October | 2020 |

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
| **ADULT**  **CD**  **CWMS**  **OPIOID**  **PGBA**  **YOUTH** |  |  |  | Phase 1 @1:30-3pm  Phase 1 @6:30-8pm  H&H2 Oakville 2:30 – 4  H&H2 B/G 1:00 – 2:30  CD Family 6:30 – 8:00 | Phase 3 @1-2:30pm  TTF 10:30-12 |  |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|  | Mindfulness Drop-In @ noon  Health and Hope 1 1:00 – 2:30  PGBA Drop In 3-4PM | CD Family 2:00 – 3:30  DBT Skills 1:00 – 2:15  Opioid Fam 12-130pm  PEG 6pm-8pm  PGBA Early Recovery 6-730pm | Phase 1 @6:30-8pm  Phase 2 @10:30-noon  CWMS Drop-in 11-12pm  Harm Reduction Drop-in @ 1:30-3pm | Phase 1 @1:30-3pm  Phase 1 @6:30-8pm  H&H2 Oakville 2:30 – 4  H&H2 B/G 1:00 – 2:30  CD Family 6:30 – 8:00 | TTF 10:30-12 |  |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|  | **Thanksgiving** | Phase 3 @ 6:30-8pm  CD Family 2:00 – 3:30  DBT Skills 1:00 – 2:15  Opioid Fam 12-130pm  PEG 6pm-8pm  PGBA Early Recovery 6-730pm | Phase 1 @6:30-8pm  Phase 2 @ 6:30-8pm  CWMS Drop-in 11-12pm  Harm Reduction Drop-in @ 1:30-3pm | Phase 1 @1:30-3pm  Phase 1 @6:30-8pm  H&H2 Oakville 2:30 – 4  H&H2 B/G 1:00 – 2:30  CD Family 6:30 – 8:00 | Phase 3 @1-2:30pm  TTF 10:30-12 |  |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
|  | Mindfulness Drop-In @ noon  Health and Hope 1 1:00 – 2:30  PGBA Drop In 3-4PM | CD Family 2:00 – 3:30  DBT Skills 1:00 – 2:15  Opioid Fam 6:30-8  PEG 6pm-8pm  PGBA Early Recovery 6-730pm | Phase 1 @6:30-8pm  Phase 2 @10:30-noon  CWMS Drop-in 11-12pm  Harm Reduction Drop-in @ 1:30-3pm | Phase 1 @1:30-3pm  Phase 1 @6:30-8pm  H&H2 Oakville 2:30 – 4  H&H2 B/G 1:00 – 2:30  CD Family 6:30 – 8:00  PGBA F&F 6-7:30 | TTF 10:30-12 |  |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|  | Mindfulness Drop-In @ noon  Health and Hope 1 1:00 – 2:30  PGBA Drop In 3-4PM | Phase 3 @ 6:30-8pm  CD Family 2:00 – 3:30  DBT Skills 1:00 – 2:15  Opioid Fam 6:30-8  PEG 6pm-8pm  PGBA Early Recovery 6-730pm | Phase 1 @6:30-8pm  Phase 2 @ 6:30-8pm  CWMS Drop-in 11-12pm  Harm Reduction Drop-in @ 1:30-3pm | Phase 1 @1:30-3pm  Phase 1 @6:30-8pm  H&H2 Oakville 2:30 – 4  H&H2 B/G 1:00 – 2:30  CD Family 6:30 – 8:00  PGBA F&F 6-7:30 | Phase 3 @1-2:30pm  TTF 10:30-12 |  |