

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>CIVIC HOLIDAY</b>	3 CD Family 2:00 – 3:30 Phase 3 @ 6:30-8pm Opioid F&F 6:30-8pm PGBA Family and Friends 6-7:30pm	4 CWMS Drop-in 11-12pm Harm Reduction Drop-in @ 1:30-3pm H&H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Phase 2 @ 6:30-8pm Sober Living Group 7-8pm	5 Phase 1 @ 1:30-3pm H&H2 Oakville 2:30 – 4 CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm PGBA Overspending 6-7:30pm	6 TTF 10:30-12 Phase 3 @1-2:30pm	7
8	9 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM	10 CD Family 2:00 – 3:30 Opioid F&F 6:30-8pm	11 Phase 2 @ 10:30-12pm CWMS Drop-in 11-12pm Harm Reduction Drop-in @ 1:30-3pm H&H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Phase 2 @ 6:30-8pm Sober Living Group 7-8pm	12 Phase 1 @ 1:30-3pm H&H2 Oakville 2:30 – 4 CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm PGBA Overspending 6-7:30pm	13 TTF 10:30-12	14
15	16 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM	17 CD Family 2:00 – 3:30 Phase 3 @ 6:30-8pm Opioid F&F 6:30-8pm	18 CWMS Drop-in 11-12pm Harm Reduction Drop-in @ 1:30-3pm H&H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Phase 2 @ 6:30-8pm Sober Living Group 7-8pm	19 Phase 1 @ 1:30-3pm H&H2 Oakville 2:30 – 4 CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm PGBA Overspending 6-7:30pm	20 TTF 10:30-12 Phase 3 @1-2:30pm	21
22	23 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM – Family and Friends Workshop	24 CD Family 2:00 – 3:30 Opioid F&F 6:30-8pm	25 Phase 2 @ 10:30-12pm CWMS Drop-in 11-12pm Harm Reduction Drop-in @ 1:30-3pm H&H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Phase 2 @ 6:30-8pm Sober Living Group 7-8pm	26 Phase 1 @ 1:30-3pm H&H2 Oakville 2:30 – 4 CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm PGBA Overspending 6-7:30pm	27 TTF 10:30-12	28
29	30 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM – Financial Wellness Workshop	31 CD Family 2:00 – 3:30 Phase 3 @ 6:30-8pm Opioid F&F 6:30-8pm				