

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ADULT CD CWMS OPIOID PGBA YOUTH</p>				<p>1 <b>CANADA DAY</b></p>	<p>2 TTF 10:30-12</p>	<p>3</p>
<p>4</p>	<p>5 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM</p>	<p>6 CD Family 2:00 – 3:30 PGBA Early Recovery Group 6-7:30pm Phase 3 @ 6:30-8pm PEG 6pm-8pm</p>	<p>7 CWMS Drop-in 11-12pm Harm Reduction Drop-in @ 1:30-3pm H&amp;H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Phase 2 @ 6:30-8pm Sober Living Group 7-8pm</p>	<p>8 Phase 1 @ 1:30-3pm H&amp;H2 Oakville 2:30 – 4 CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm</p>	<p>9 TTF 10:30-12 Phase 3 @ 1-2:30pm</p>	<p>10</p>
<p>11</p>	<p>12 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM</p>	<p>13 CD Family 2:00 – 3:30 PEG 6pm-8pm PGBA Family and Friends 6-7:30pm</p>	<p>14 Phase 2 @ 10:30-12pm CWMS Drop-in 11-12pm Harm Reduction Drop-in @ 1:30-3pm H&amp;H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Phase 2 @ 6:30-8pm Sober Living Group 7-8pm</p>	<p>15 Phase 1 @ 1:30-3pm H&amp;H2 Oakville 2:30 – 4 CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm</p>	<p>16 TTF 10:30-12</p>	<p>17</p>
<p>18</p>	<p>19 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM PG Day Treatment 9am-3pm</p>	<p>20 CD Family 2:00 – 3:30 Phase 3 @ 6:30-8pm PEG 6pm-8pm PGBA Family and Friends 6-7:30pm PG Day Treatment 9am-3pm</p>	<p>21 CWMS Drop-in 11-12pm Harm Reduction Drop-in @ 1:30-3pm H&amp;H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Phase 2 @ 6:30-8pm Sober Living Group 7-8pm PG Day Treatment 9am-3pm</p>	<p>22 Phase 1 @ 1:30-3pm H&amp;H2 Oakville 2:30 – 4 CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm PG Day Treatment 9am-3pm</p>	<p>23 TTF 10:30-12 Phase 3 @ 1-2:30pm PG Day Treatment 9am-3pm</p>	<p>24</p>
<p>25</p>	<p>26 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM – Digital Footprint and Cyber Safety</p>	<p>27 CD Family 2:00 – 3:30 PEG 6pm-8pm PGBA Family and Friends 6-7:30pm</p>	<p>28 Phase 2 @ 10:30-12pm CWMS Drop-in 11-12pm Harm Reduction Drop-in @ 1:30-3pm H&amp;H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Phase 2 @ 6:30-8pm Sober Living Group 7-8pm</p>	<p>29 Phase 1 @ 1:30-3pm H&amp;H2 Oakville 2:30 – 4 CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm</p>	<p>30 TTF 10:30-12</p>	<p>31</p>