

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ADULT CD CWMS OPIOID PGBA YOUTH</p>					<p>1 TTF 10:30-12 Phase 3 @1-2:30pm Art Engagement Group 3-4:30pm</p>	2
3	<p>4 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM: Gambling Awareness*</p>	<p>5 DBT Skills Group 1:00-2:30pm CD Family 2:00 – 3:30 PGBA Early Recovery 6:00-7:30pm</p>	<p>6 CWMS Drop-in 12-1pm Harm Reduction Drop-in @ 1:30-2:30pm H&H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Sober Living Group 7-8pm</p>	<p>7 Phase 1 @ 1:30-3pm H&H2 Oakville 2:30 – 4 Phase 1 @6:30-8pm CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm</p>	<p>8 TTF 10:30-12</p>	9
10	<p>11 Thanksgiving Day</p>	<p>12 CD Family 2:00 – 3:30 PGBA Early Recovery 6:00-7:30pm Phase 3 @ 6:30-8pm</p>	<p>13 CWMS Drop-in 12-1pm Harm Reduction Drop-in @ 1:30-2:30pm H&H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Harm Reduction Drop-in @ 6:30-7:30pm Phase 1 @6:30-8pm Sober Living Group 7-8pm</p>	<p>14 Phase 1 @ 1:30-3pm H&H2 Oakville 2:30 – 4 Phase 1 @6:30-8pm CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm</p>	<p>15 TTF 10:30-12 Phase 3 @ 1-2:30pm Art Engagement Group 3-4:30pm</p>	16
17	<p>18 PG Day Treatment 9am-3pm Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM</p>	<p>19 PG Day Treatment 9am-3pm CD Family 2:00 – 3:30 PGBA Early Recovery 6:00-7:30pm</p>	<p>20 PG Day Treatment 9am-3pm CWMS Drop-in 12-1pm Harm Reduction Drop-in @ 1:30-2:30pm H&H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Phase 1 @6:30-8pm Sober Living Group 7-8pm</p>	<p>21 PG Day Treatment 9am-3pm Phase 1 @ 1:30-3pm H&H2 Oakville 2:30 – 4 Phase 1 @6:30-8pm CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm</p>	<p>22 PG Day Treatment 9am-3pm TTF 10:30-12</p>	23
24	<p>25 Mindfulness Drop-In @ noon Health and Hope 1 11:00 – 12:30 PGBA Drop In 3-4PM: Addiction in the brain*</p>	<p>26 CD Family 2:00 – 3:30 PGBA Early Recovery 6:00-7:30pm Phase 3 @ 6:30-8pm</p>	<p>27 CWMS Drop-in 12-1pm Harm Reduction Drop-in @ 1:30-2:30pm H&H2 B/G 1:30 – 3:00pm Social Corner 4:30-6pm Harm Reduction Drop-in @ 6:30-7:30pm Phase 1 @6:30-8pm Sober Living Group 7-8pm</p>	<p>28 Phase 1 @ 1:30-3pm H&H2 Oakville 2:30 – 4 Phase 1 @6:30-8pm CD Family 6:30 – 8:00 Just Be You Lite 7:30-9:30pm</p>	<p>29 TTF 10:30-12 Phase 3 @ 1-2:30pm Art Engagement Group 3-4:30pm</p>	30