

# ADAPT Group Calendar – April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Adult CWMS Concurrent Disorders	Youth Opioid PGBA			
3	4	5	6	7
Mindfulness Drop In @ 12pm H&H One @11-12:30pm	DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm	CWMS Drop In @ 12-1pm HR Drop In @ 1:30-2:30pm H&H Two @ 1:30-3pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm	Phase One @ 1:30-3pm H&H Two @ 2:30-4pm Phase One @ 6:30-8pm	<i>Good Friday            ADAPT Offices Closed</i>
10	11	12	13	14
<i>Easter Monday            ADAPT Offices Closed</i>	DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm	CWMS Drop In @ 12-1pm HR Drop In @ 1:30-2:30pm H&H Two @ 1:30-3pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm Overspending @ 6pm-7:30pm	Phase One @ 1:30-3pm H&H Two @ 2:30-4pm Phase One @ 6:30-8pm	TTF @ 10:30-11:30am
17	18	19	20	21
Mindfulness Drop In @ 12pm H&H One @11-12:30pm	DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm	CWMS Drop In @ 12-1pm HR Drop In @ 1:30-2:30pm H&H Two @ 1:30-3pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm Overspending @ 6pm-7:30pm	Phase One @ 1:30-3pm H&H Two @ 2:30-4pm Phase One @ 6:30-8pm	TTF @ 10:30-11:30am
24	25	26	27	28
Mindfulness Drop In @ 12pm H&H One @11-12:30pm	DBT Skills Group @ 1-2:30pm CD Family Group @ 2-3:30pm PEG @ 6-8pm CD Family Group @ 6:30-8:30pm	CWMS Drop In @ 12-1pm HR Drop In @ 1:30-2:30pm H&H Two @ 1:30-3pm HR Drop In @ 6:30-7:30pm Coping Skills @ 6:30-7:30pm Overspending @ 6pm-7:30pm	Phase One @ 1:30-3pm H&H Two @ 2:30-4pm	TTF @ 10:30-11:30am