

Walk to the Lighthouse

FOR MENTAL HEALTH



Sunday September 24, 2023 – 10:00 am

The Walk to the Lighthouse is sponsored by Equilibrium Burlington in support of the Joseph Brant Hospital Foundation to raise funds for infrastructure and support for patients, families, and caregivers through Joseph Brant Hospital's in-patient and outpatient Mental Health & Addiction (MH&A) services.

WALK WITH US: Gather your team or select a partner and walk towards providing improved MH&A programs in our community. Dignitaries and organizers will provide opening remarks at 10am sharp followed by the walk which will commence at approximately 10:15am. The walk will depart from the Joseph Brant Hospital parking lot directly beside the Joseph Brant Museum and will take us along the scenic waterfront trail towards the lighthouse and back. The distance to and from the lighthouse (lift bridge) is approximately 5 kilometers.

DONATE: Help us raise funds to support in-patient and outpatient Mental Health & Addictions (MH&A) programs at Joseph Brant Hospital. Any donation in lieu of a participation fee is appreciated. All donations are tax-deductible.

LEARN MORE: www.equilibriumburlington.com/events

THANK YOU TO OUR SPONSORS

BEVERLY CAULKING
THE CAULKING & FIRESTOPPING SPECIALISTS

