

TAY TABLE

Thank you for coming to the
TAY Table!

SERVICES WE OFFER:

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SUPPORT HOUSE'S CENTRE FOR INNOVATION IN PEER SUPPORT

- Offers free, virtual peer-led groups at a variety of days and times
- Just Be You, a youth specific group for those (age 15-25)
- Self-Help and Social Connections streams of groups, open to anyone age 16 or older

HALTON DISTRICT SCHOOL BOARD RE-ENGAGEMENT COUNSELLOR

- Counsellor works with youth aged 14-21 who have not graduated from high school
- Offers insight on programs in HDSB that might meet youth's interests and goals
- Helps youth navigate a transition between programs and/or support a return to school to complete their Ontario Secondary School Diploma

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JOHN HOWARD SOCIETY OF PEEL, HALTON & DUFFERIN

- Offers adult and youth general counselling (topics like communication skills, coping strategies, etc.) & group programs (specifically Healthy Relationships & Anger Management).
- Services are short-term support based on a collaborative approach between client & counsellor utilizing a CBT or solution-focused framework
- That's a Wrap program (residents of Halton aged 12-24). Services include case management, service navigation, individual counselling (such as life skills, healthy relationships, etc.) and goal setting.
- Parent/Guardian support for folks with young people engaged in the program.

HALTON ADAPT

- Offers a full range of addictions services & programs throughout Halton, including in-office counselling, outreach, case management, advocacy and peer support
- Utilizes a harm reduction lens and supports you to meet your goals related to substances.
- Family and Friend support also available

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YMCA - YOUTH IN TRANSITION

- A Youth in Transition Worker (YITW) at the YMCA in Halton provides short- and long-term case management, referrals, and assistance working towards goals (ex. finances, health, housing, etc.)
- They are mobile in that they can meet you where you are and are available all across Ontario
- Eligibility: youth (ages 16-24) living in Halton with current or prior involvement in the child welfare system

JOSEPH BRANT HOSPITAL YOUTH EARLY INTERVENTION PROGRAM

- Program that supports young people who are experiencing mental health symptoms
- Offers a 6 week DBT distress tolerance groups individual counselling and peer support - services last from 6-12 months
- We accept referrals from individuals, physicians and community members, however for a psychiatric consultation a physician referral is required

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CENTRAL WEST SPECIALIZED DEVELOPMENTAL SERVICES (CWSDS)

- Supports individuals with a developmental or dual diagnosis
- Offers assistance with accessing community developmental funding, service coordination, respite support & funding, access to the Service Resolution process in Halton (children & adults), dual diagnosis supports/service (18+), justice support (18+) and residential supports (18+)

If you have any other questions please do not hesitate to reach out

TAY Coordinator 905-864-5572

TAY TABLE

SERVICES CONTINUED:

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BRIDGING THE GAP

- Strives to provide readily and easily accessible support for youth ages 16-24 residing in the Halton Region who are homeless or at risk of homelessness
- Committed to fostering a youth directed, strength based approach to assisting youth reach their goals
- Fosters positive partnerships with service providers in the Halton Region

SHERIDAN COLLEGE CASE MANAGEMENT

- Provides coordinated short term, goal-oriented guidance and support to Sheridan students
- Case Managers meet with students 1-on-1 to determine their needs, support them in their transition into and/or back to their academics, as well as help navigate and coordinate supports inside and/or outside the college, to ensure continuity of care

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CHILD & ADOLESCENCE OUTPATIENT MENTAL HEALTH PROGRAM - HALTON HEALTHCARE

- Services kids/youth 6-18 (plus transitional aged youth up to 21)
- Offers a variety of supports; outpatient therapy team, REACH program, Navigator Program-community outreach team and psychiatric consults
- Family Doctor referral via One-link is required. Once received the patient is booked for a CHOICE Assessment. During that assessment decisions/recommendations are made regarding most appropriate services.

DEVELOPMENTAL SERVICES ONTARIO (DSO)

- Assists adults (18+) with developmental disabilities access services and supports in their communities
- Serves people who live in Dufferin and Wellington Counties, Halton, Peel and Waterloo Regions
- DSO CWR is funded by multiple services in Ontario including the Ministry of Children, Community and Social Services

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HALTON SUPPORT SERVICES (HSS)

- A non-profit organization that provides support and coordination of services for people with developmental disabilities (and their families) who live in Halton Region
- Services include: coordinated intake, children & adult services, coordination for respite & resources and transfer payment agency (SSAH and/or Passport)
- Eligibility: developmental disability, diagnosis of Autism Spectrum Disorder or Down Syndrome, medically fragile technologically dependent (MFTD) (diagnosis must be from HCCSS), Physical Disability or Fetal Alcohol Spectrum Disorders (FASD)

STRIDE

- Supports youth struggling with mental health and/or addictions to seek and maintain meaningful employment
- Programming includes pre-employment, job search and maintenance support through a strength based approach
- Individuals can connect with employment specialists, peer supports and workshops

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CANADIAN MENTAL HEALTH ASSOCIATION (CMHA)

- Provides crisis support through COAST and Community Outreach Team
- Transitional case management support
- Groups, Peer support and Community Justice support

HALTON REGIONAL POLICE SERVICES

- Social Workers can provide short term support to youth and their families who have had (or may have) contact with Halton Police
- Services include advocacy and support in navigating the criminal justice system, and/or mental health system, liaising between officers and youth/families, brief counseling and referrals to community partners

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SERVICES CONTINUED:

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REACH OUT CENTRE FOR KIDS (ROCK)

- Child and youth services for individuals and families 18 and under
- Range of intensity from individual, group, crisis and walk in
- Specialized programs for FASD, ASD, mental health and eating disorders
- Crisis number for young people and family/caregivers: 905-878-9785

YMCA OF HAMILTON, BURLINGTON & BRANTFORD

- Employment Services for resume development and job search coaching
- Better Jobs Ontario (Better Jobs Ontario is a cost-sharing grant provided to individuals looking to train for a new career)
- Apprenticeship & Pre-apprenticeship Program Information
- Literacy and Basic Skills (19+) Digital Skills, Study tips Plus so much more
- Youth of Tomorrow (12-18+) Youth mentorship & support

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SUPPORT HOUSE

- Services for youth 16-24
- Offer Support Coordination, harm reduction, system navigation, and transition to adult services
- Clinical and Peer supports available

ASSOCIATED YOUTH SERVICES OF PEEL (AYSP) HALTON/PEEL COUNSELLING PROGRAM

- Individual or Family counselling for youth 12-19 who are on probation or involved with Youth Justice Programming at AYSP
- Services range from 6-12 months based on client needs and goals

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